

CLINTON TAEKWONDO ACADEMY

CLASS SCHEDULE

Monday & Wednesday	
Room 1	Room 2
White - Yellow 4:00 - 4:45	Green - Blue 4:00 - 4:45
Intros & Private Lessons 4:45 - 5:15	Instr. Class M~ RWB + B W~ Red + Blk 4:45 - 5:15
Brown - Sr. Red 5:15 - 6:00	Black Belts 5:15 - 6:00
White - Yellow 6:00 - 6:45	Gumdo Ages 10 - 14 6:00 - 6:55
Intros & Private Lessons 6:45 - 7:15	
White - Yellow Adults 7:15 - 8:15	Gumdo Teen & Adult 7:00 - 7:55
Green - Brown Adults 8:15 - 9:15	Red - Black Adults 8:15 - 9:15

Tuesday & Thursday	
Room 1	Room 2
All Rank Adults 1:30 - 2:30	Mon & Thurs. Gumdo 1:30 - 2:30
Red - Sr. Red 4:00 - 4:45	Black Belts 4:00 - 4:45
Green - Brown 4:45 - 5:30	White Belts Only 4:45 - 5:30
White - Yellow 5:30 - 6:15	White - Yellow Adults 5:30 - 6:15
IMPACT! 6:15 - 7:15 See Below*	Green - Blue 6:15 - 7:00
Green - Brown Adults 7:15 - 8:15	Red - Black Adults 7:15 - 8:15
MMA Adults 8:15 - 9:15	

Friday	
Room 1	Room 2
Pee Wee 1 3:30 - 4:15	
Green & Blue Forms 4:15 - 4:45 Green - Sr. Red Sparring 4:45 - 5:30 Brown & Red Forms 5:30 - 6:00 Gumdo 6:00-7:00	White - Yellow 4:00 - 4:45
	Black Belts All Ages 5:30 - 6:30
	ALL RANKS ADULTS 7:00 - 8:00

Saturday	
Room 1	Room 2
ALL RANK ADULTS 9:45 - 10:45	Pee Wee II 9:45 - 10:30
BOX OUT! 10:50 - 11:45	White - Yellow 10:35 - 11:20
	Green- Black Forms 11:20 - 11:45 all ages
Green - Black 10 yrs & up 11:45 - 12:30	Green - Black 9 yrs & under 11:45 - 12:30

CLINTONTAEKWONDO.COM

908 - 713 - 1440

Where Excellence is the Standard!

* Impact Every Tuesday

Students should arrive 5 minutes prior to class. Any student more than 10 minutes late may not be allowed to join class.